

Mission Statement

The National Federation of State High School Associations serves its members, related professional organizations and students by providing leadership for the administration of education-based interscholastic activities, which support academic achievement, good citizenship and equitable opportunity.

WE BELIEVE

Participation in education-based interscholastic athletics and performing arts programs:

- Enriches each student's educational experience.
- Promotes student academic achievement.
- Develops good citizenship and healthy lifestyles.
- Fosters involvement of a diverse population.
- Promotes positive school/community relations.
- Is a privilege.

THE NFHS:

- Promotes and protects the defining values of education-based interscholastic activity programs in collaboration with its member state associations.
- Serves as the recognized national authority on education-based interscholastic activity programs.
- Serves as the pre-eminent authority on competition rules for education-based interscholastic activity programs.
- Promotes fair play and seeks to minimize risk for student participants through the adoption of national competition rules and delivery of programs and services.
- Delivers quality educational programs to serve the changing needs of state associations, school administrators, coaches, officials, students and parents.
- Provides professional development for NFHS member state association staff believing that cooperation among state associations advances their individual and collective well-being.

More than

7.7 Million

participants in high school sports.



Take Part.
Get Set For Life.™



H.V. Porter



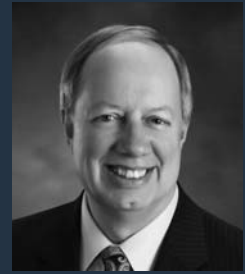
Clifford B. Fagan



Brice B. Durbin



Robert F. Kanaby



Robert B. Gardner

History

The National Federation of State High School Associations had its beginning on May 14, 1920, during a meeting in Chicago with representatives from Illinois, Indiana, Iowa, Michigan and Wisconsin. The primary purpose of that first meeting was to discuss problems that had resulted from high school contests organized by colleges and universities or by other clubs or promoters. Little attention was being paid to eligibility rules of the high school associations or to other school group regulations, and chaotic conditions had developed.

Because of this concern, the "Midwest Federation of State High School Athletic Associations" was formed. In 1921, Illinois, Indiana, Iowa, Michigan and Wisconsin became charter members of the NFHS. In 1923, the organization's name was changed to the National Federation of State High School Athletic Associations. By 1930, 28 state associations had joined the organization, and, by 1940, seven others had come aboard. When the Texas University Interscholastic League joined the NFHS in 1969, all 50 state associations plus the District of Columbia were members.

By 1940, a national office with a full-time executive staff became necessary. The office was established in Chicago, Illinois, and H.V. Porter was appointed executive secretary and treasurer. Following Mr. Porter's retirement in 1958, Clifford B. Fagan was selected executive secretary.

In 1970, "athletic" was removed from the name of the organization because of services in fine arts activities. The organization henceforth was known as the National Federation of State High School Associations.

In 1972, the office was moved from Chicago to Elgin, Illinois, a Chicago suburb. Brice B. Durbin was named executive secretary-designate in February 1976 and officially succeeded Mr. Fagan as executive director in September 1977. The headquarters were moved from Elgin, Illinois, to Kansas City, Missouri, on May 1, 1979. After Mr. Durbin's retirement in January 1993, Robert F. Kanaby became the fourth full-time executive director. In 1997, NFHS was adopted as the new acronym. On February 1, 2000, the organization relocated to Indianapolis, Indiana. Mr. Kanaby retired in May 2010, and he was succeeded by Robert B. Gardner, who became the fifth full-time executive director.

Greetings From the NFHS



Kevin Charles, Delaware
2012-13 President



Harold Slemmer, Arizona
2013-14 President



Robert B. Gardner
Executive Director, NFHS

DEAR FRIENDS,

Although many changes occurred during the 2012-13 school year, one very important thing remained the same for the 24th consecutive year – participation in high school sports continued to rise.

As the report on page 9 indicates, despite budget challenges in schools throughout the nation, participation by boys and girls in high school sports topped the 7.7 million mark for the first time. In our ever-changing world, this was indeed great news. The values of education-based sports within the high school setting continue to be honored.

Technology continues to present new challenges and opportunities, and this past year brought several changes. After many months of discussion, we officially launched the NFHS Network in August. In concert with PlayOn! Sports, we believe this all-digital network will be a tremendous opportunity to showcase high school sports and performing arts on a national scale.

Parents and other fans of high school sports can watch games on their computer, tablet or smartphone, and more people than ever will be exposed to that once-in-a-lifetime experience of high school sports. The early returns have been tremendous, and we anticipate growing interest in the NFHS Network in the years to come.

As an additional component to our tried-and-true method of publishing rules books and case books for high school sports, we have for the first time made these publications available in electronic format. Our rules books and case books are now available as e-books on iTunes for iPad and iPhone users, and on Amazon for Kindle users. Since rules-writing has been one of chief tasks of the NFHS throughout its 94-year history, we believe this presents another opportunity to reach more people.

The incidence of concussions at all levels of sports continued to make the news throughout this past year, and the NFHS continued to be at the forefront of those discussions. With concussion protocols in place in NFHS playing rules and with concussion laws in place in almost every state, we believe high school sports are as safe as they ever have been. While the number of concussions in high school sports may appear to be higher today than a number of years ago, that is only because more concussions are reported now, which is good news. We believe the leaders at the high school level are continuing to make the health and safety of our student-athletes the No. 1 priority.

Continuing education for NFHS member association constituents is a part of the 2011-2016 NFHS Strategic Plan, and the NFHS Coach Education Program continued

to be one of our major success stories in 2012-13. Almost two million courses have been delivered since the start of the program in 2007, including more than one million *"Concussion in Sports – What You Need to Know"* courses. In concert with Special Olympics and the Arizona Interscholastic Association, we also launched the free *"Coaching Unified Sports"* course to assist coaches involved in Unified Sports programs. Of the 18 elective courses in the program, we now are able to offer 14 free of charge.

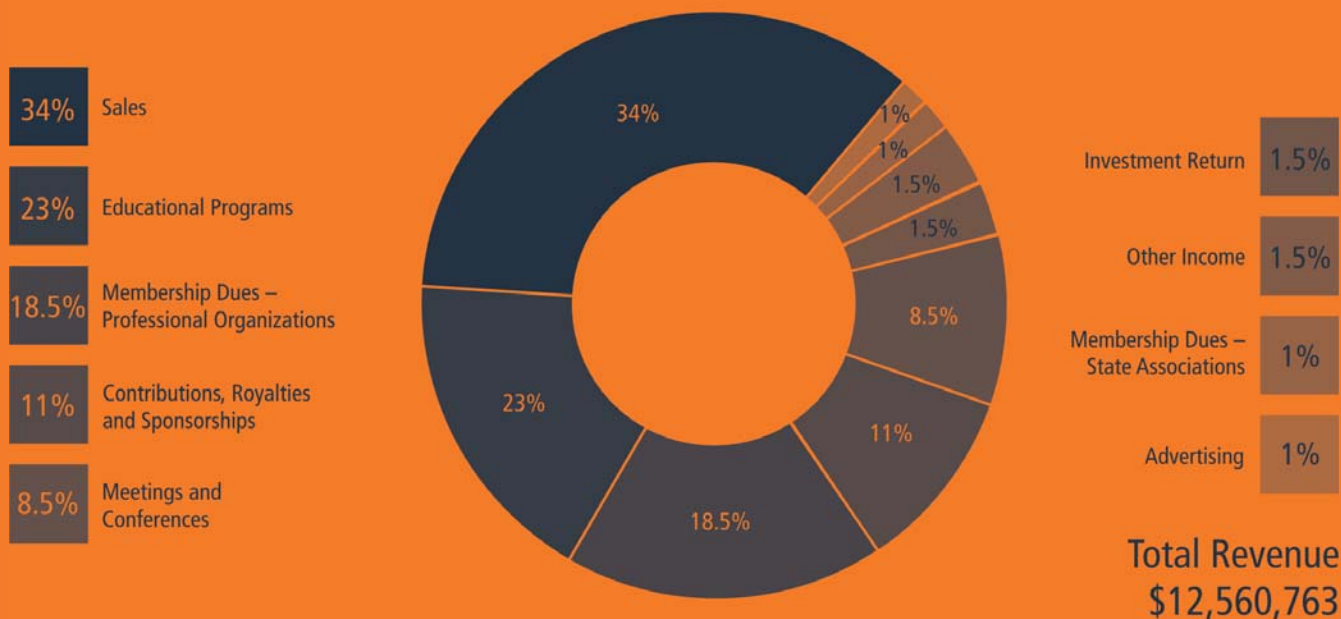
We also were pleased to announce two partnerships during the 2012-13 school year. First, we are partnering with the United States Tennis Association in its "no-cut" policy for high school tennis teams. The "no-cut" policy allows every student who wishes to play high school tennis to be a member of the team. Also, we entered a partnership with USA Football to advance high school football player safety on a national level by endorsing USA Football's "Heads Up Football" program.

The NFHS continued to respond to national issues through its Web site and national magazine, *High School Today*. We gave strong support to the Department of Education's "Dear Colleague" letter that provided guidance for schools to provide students with disabilities equal opportunity to participate alongside their peers in school athletic programs. We also expressed our disappointment in the International Olympic Committee's recommendation to drop the sport of wrestling from the 2020 Olympic Games.

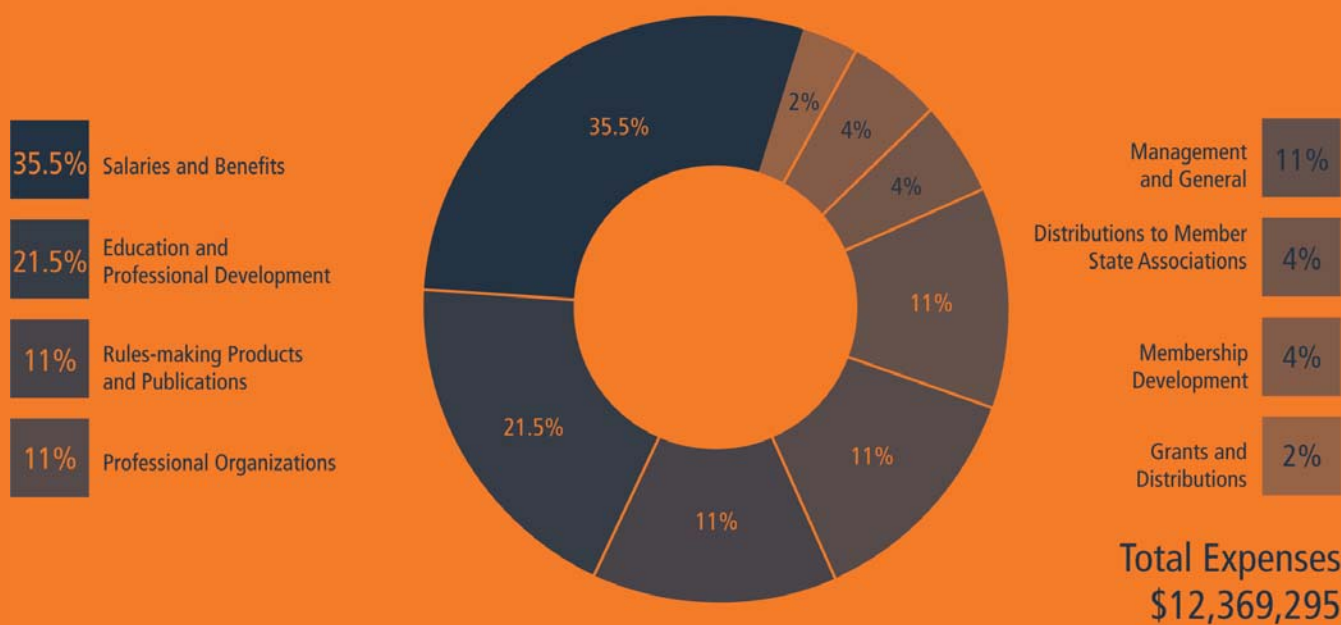
Thanks for your support again this past year as we continued to promote the values of education-based activity programs for our nation's young people.

NFHS Financial Report

2012-13 REVENUE



2012-13 EXPENSES





Year in Review

LEGAL ISSUES

One of the most significant rulings on the legal front came on January 25, 2013, when the Department of Education's Office for Civil Rights issued a "Dear Colleague" letter to provide guidance for schools regarding their legal obligations to students with disabilities. The core message of the letter is that students with disabilities should be granted equal opportunity to participate alongside their peers in school athletic programs.

Rather than viewing this letter from the OCR as a directive, we like to see it as an opportunity. As an organization fully committed to the inclusion of everyone in high school athletics, the NFHS supports the Department of Education's guidelines to help schools provide athletic opportunities for students with disabilities.

To that end, the NFHS convened a task force early in the 2013-14 school year and will be working with state associations and schools to assist in implementation of these programs across the country. During the 2012-13 school year, 12 states reported some schools involved in either Adapted, Allied or Unified Sports programs, whereas 15 years ago there were only two states involved in these programs.

When Title IX was passed in 1972, it provided opportunities for girls to participate in athletics at the high school level. As a result, the number of girls playing high school sports skyrocketed over the next five to 10 years. Likewise, with this renewed opportunity for students with disabilities to compete in interscholastic athletics, we look forward to those numbers rising as well.

CONCUSSION ISSUES

The focus on concussions continued throughout the 2012-13 school year. By October 2012, 43 state legislatures plus the District of Columbia had enacted concussion laws. The majority of the state laws included the following basic tenets – education programs, immediate removal from play and written clearance before return to action.

These state laws affirm NFHS playing rules that require any player who exhibits signs, symptoms or behaviors consistent with a concussion to be immediately removed from the game and not return until cleared by an appropriate health-care professional.

Through its Sports Medicine Advisory Committee and sports rules committees, the NFHS continues to focus on risk minimization for the 7.7 million participants in high school sports.



NFHS NETWORK

As the 2012-13 year was winding down, the NFHS and PlayOn! Sports officially launched the NFHS Network, an all-digital network that expands coverage of high school sports and performing arts through the Internet at www.NFHSnetwork.com.

At the outset, 28 states joined the NFHS Network, making it the largest aggregated destination for coverage of high school sports in the country. Six additional states joined before fall championships, and a number of other states are close to completing agreements and becoming a part of the Network.

Postseason games in all sports sponsored by states in the NFHS Network will be available online on the Network, except for select championship events for which state associations have existing television contracts with other media partners.

We believe this is one of the greatest opportunities in the 94-year history of the NFHS as we are able to take advantage of new technology and showcase high school sports and performing arts on a national scale. We are excited to provide viewership opportunities for fans of high school sports that have never existed before. The NFHS Network will help showcase our primary mission of expanding participation and opportunities for involvement in education-based interscholastic sports and performing arts activities.

1,000,000

"Concussion in Sports – What You Need to Know" courses have been taken.

NFHS COACH EDUCATION PROGRAM

Now in its seventh year of existence, the NFHS Coach Education Program added four new courses this past year and updated its two core courses – "Fundamentals of Coaching" and "First Aid, Health and Safety for Coaches."

The flagship course "Fundamentals of Coaching" was originally produced in 2007, and the updated course addresses topics such as social media and includes additional exercises. Among the new courses this year are two free courses – *A Guide to Sports Nutrition* and *Pole Vault: Successful Skill Development* – and a new sport specific course – *Fundamentals of Coaching Baseball*.

HIGH SCHOOL TODAY MAGAZINE

The NFHS completed its sixth year of distributing its flagship publication – *High School Today* – to four key individuals at every high school in the United States. The slick, four-color magazine is mailed eight times a year to the superintendent, principal, athletic director and school board president at approximately 19,000 high schools for a total distribution of 75,000 per issue.

National issues in high school athletic and performing arts activities covered in 2012-13 included bullying and hazing in high school athletics, strategies to hire more teacher-coaches, concussion policies, National High School Debate Topic, trademark law and sports licensing, interscholastic sports vs. club sports, teachable moments for coaches, concussion laws by state legislatures, ways to handle unruly parents and fans, value of debate in developing critical skills, funding issues in high school sports, developing an emergency action plan, dealing with overuse injuries in high school sports, values of multiple-sport participation, sports participation opportunities for students with disabilities, role of the principal in athletics and activities, preventing heat illness and media coverage of high school sports.

The 40-page publication is also available for viewing online at www.nfhs.org.



A milestone was reached this year as the millionth "Concussion in Sports – What You Need to Know" course was taken through the Coach Education Program. The course, developed in concert with the

Centers for Disease Control and Prevention (CDC), amazingly delivered one million courses to coaches and other individuals in slightly more than three years.

With almost two million total courses delivered since 2007, the NFHS Coach Education Program now offers 34 courses online at www.nfhslearn.com. In addition to the two core courses, there are 14 sport-specific courses and 18 elective courses, 14 of which are free.

RULES AND CASE BOOKS RELEASED AS E-BOOKS

The NFHS continued to adapt its published rules books and case books to an electronic format with the release of the books as e-books. Beginning with the 2013 fall sports, all rules books and case books were configured as e-books and sold on iTunes for iPad and iPhone users, and on Amazon for Kindle users.

The new format offers users convenient access to the playing rules for 14 sports on their mobile devices. In addition, the e-books link all rule references to allow readers to quickly cross-reference rules.

SOCIAL MEDIA OUTREACH

In the past year, the NFHS expanded its use of social media networks to engage the public. In an effort to streamline its online presence, the Facebook pages of the NFHS and its Coach Education Department were combined to offer one voice of the organization on the Web site.

The NFHS also steadily increased its influence on Twitter and has doubled its followers. In addition to announcing and promoting its own releases and programs, the NFHS has become a go-to resource for online articles and timely information about high school sports and activities through its social media presence.

The organization's YouTube channel was also augmented through the posting of several public-service announcements, the induction ceremonies for the National High School Hall of Fame, and the feature video presentations of the National High School Spirit of Sport winners.

STRATEGIC PLAN

The NFHS is in the third year of its five-year Strategic Plan. Titled the Mission Action Plan, following are the three major goals of the 2011-2016 NFHS Strategic Plan:

1. Professional development for NFHS member association staff.
2. Continuing education for NFHS member association constituents, including administrators, coaches, officials, students, parents and spectators.
3. Marketing initiatives that strengthen the NFHS financial position and promote the message of school-based athletic and performing arts activity programs.

NFHS FOUNDATION

A record-amount of \$26,091 was raised for the NFHS Foundation at the 2013 NFHS Summer Meeting in Denver. A record 230 individuals registered for the Fun Run/Walk, which raised \$4,686. Golf-hole sponsorship led the way with \$7,200. Other fundraising events at the Summer Meeting were a golf tournament, the "\$94 for 94" campaign, raffle, silent auction and golf hole-in-one sponsorship.



The NFHS Foundation serves the interest of young people who participate in interscholastic sports and activities by awarding grants for research and program development in the areas of character education and sports risk minimization. Since the NFHS Foundation was started in 1996, more than \$215,000 in grants has been awarded to member state associations.



\$26,091

A record-amount was raised for the NFHS Foundation at the 2013 NFHS Summer Meeting in Denver.



NFHS LICENSING PROGRAM

For more than 30 years, colleges and professional leagues have set the standard in terms of trademark protection and royalty revenues. The NFHS encourages high schools to take a similar approach by joining the NFHS Licensing Program which has already empowered thousands of high schools nationwide to protect and promote their brands as well as generate profit through the sale of officially licensed merchandise.

The 2012-13 school year marked the third year of the NFHS Licensing Program and another back-to-school selling season that generated more than \$1 million in royalty revenue for participating high schools. With support from global brands like Nike and Under Armour, and national retailers including Dick's Sporting Goods, Hibbett Sports, Walmart, Target, Walgreens and others, the opportunity to connect with fans, alumni and students through licensed merchandise has never been greater.

In addition to generating revenue for high schools, the NFHS Licensing Program also provides schools of all sizes with the ability to protect their brands and ensure accurate reproduction through state-of-the-art systems, and unlimited access to the legal, accounting and trademark professionals at LRG Prep. Information on the NFHS Licensing Program is available at www.NFHSLicensing.com.

OFFICIAL High School



LICENSED PRODUCT

\$1,000,000+

Has been generated in royalty revenue for participating high schools in the NFHS Licensing Program.

ONLINE PUBLICATIONS

Three publications that previously were printed are now offered online in new and user-friendly formats. Two of those publications – *NFHS Coaching Today* and the *National High School Sports Record Book* – continued to develop in their second years online. The newest online publication is *NFHS Officiating Today*.

NFHS Coaching Today is the online publication exclusively for high school coaches. The Web-based publication is updated monthly and contains sport-specific articles, feature articles and regular departments such as Sports Medicine, Ideas That Work, Helpful Hints and Reflections. Other information available includes an interactive poll, coaching tips, quotes and current news. The publication is available on the NFHS Web site at www.nfhs.org and the NFHS Coach Education Web site at www.nfhslearn.com.

The *National High School Sports Record Book* can be accessed on the NFHS Web site at www.nfhs.org/recordbook. The

Record Book contains all-time records for boys and girls in 16 high school sports. Visitors to the site can select from the

menu of sports, and have the option to search for specific records across all sports in the Record Book. In addition, new entries are posted in the Record Book on an ongoing basis once the record performances are verified. In addition to the searchable aspect of the online publication, links will be posted soon that will take viewers to photos, videos and features of selected team and individual performances.



NFHS Officiating Today, a new Web site devoted to the publishing of timely and relevant officiating articles, debuted as the 2012-13 school year concluded. The site, under the direction of the NFHS Officials Publications Committee, offers regular postings of professional development articles and resources for the high school official. With a goal of monthly postings, at least one new feature and several shorter articles will be written

by experts in the field. The publication is available on the NFHS Web site at www.nfhs.org.

Programs and Services

SPORTS PARTICIPATION

Participation in high school sports increased for the 24th consecutive year in 2012-13 and passed the 7.7 million mark for the first time, according to the annual High School Athletics Participation Survey conducted by the NFHS. Participation reached an all-time high of 7,713,577 participants – an increase of 21,057 from the previous year.

An additional 15,190 girls participated in high school sports last year, moving the girls all-time record to 3,222,723 and marking the 24th consecutive year for an increase in the number of female participants. After its first decrease in 20 years last year, boys participation started on the upswing again with an additional 5,867 participants. The boys total of 4,490,854 is second all-time to the 4,494,406 in 2010-11.

Eight of the top 10 girls sports registered increases in participation in 2012-13, led by competitive spirit squads (8,201), outdoor track and field (4,172), and swimming and diving (3,536). Lacrosse, cross country, volleyball, soccer and tennis also had additional female participants, while basketball and fast-pitch softball had minor declines. Five of the top 10 boys sports showed increases in participation, led by outdoor track and field (5,044), swimming and diving (4,354), and basketball (3,387). Cross country and baseball also registered gains among top 10 sports.

A sizeable increase in “adapted sports” participation also contributed to the rise in 2012-13 figures. With seven states offering these programs for students with disabilities in 14 sports, the number of participants rose almost 3,000 to 8,747 (girls and boys combined).

The top 10 states by participants remained in the same order as last year, with Texas and California topping the list with 798,333 and 777,545, respectively. The remainder of the top 10 was New York (389,475), Illinois (339,944), Ohio (327,919), Pennsylvania (315,492), Michigan (304,438), New Jersey (270,423), Florida (243,397) and Minnesota (230,421).

ATHLETIC PARTICIPATION SURVEY TOTALS

Year	Boys Participants	Girls Participants	Total	Year	Boys Participants	Girls Participants	Total
1971-72	3,666,917	294,015	3,960,932	2000-01	3,921,069	2,784,154	6,705,223
1975-76	4,109,021	1,645,039	5,754,060	2005-06	4,206,549	2,953,355	7,159,904
1980-81	3,503,124	1,853,789	5,356,913	2010-11	4,494,406	3,173,549	7,667,955
1985-86	3,344,275	1,807,121	5,151,396	2011-12	4,484,987	3,207,533	7,692,520
1990-91	3,406,355	1,892,316	5,298,671	2012-13	4,490,854	3,222,723	7,713,577
1995-96	3,634,052	2,367,936	6,001,988				



PLAYING RULES/RULES COMMITTEES

Writing playing rules for high school sports competition has been one of the key roles of the National Federation of State High School Associations since its beginning in 1920. The rules-writing program, which stresses “grassroots” input, was initiated in order for high schools, coaches, athletic administrators and interscholastic officials to have direct influence in developing rules.

NFHS rules are written for varsity competition among student-athletes of high school age, and are intended to maintain the sound traditions of the sport, encourage sportsmanship and minimize the inherent risk of injury.

The NFHS publishes playing rules in 16 sports, and offers approximately 30 different rules-related publications. NFHS rules cover the sports of baseball, basketball, cross country, field hockey, football, girls gymnastics, ice hockey, boys lacrosse, soccer, softball, spirit, swimming and diving, track and field, volleyball, water polo and wrestling.

NFHS rules committees are composed of representatives from member state associations, as well as one representative on each committee from the NFHS Coaches Association and NFHS Officials Association. Annual proposed rules changes by the rules committees are formally approved by the NFHS Board of Directors.

A number of important revisions were made by NFHS rules committees in 2012-13 including:

- **Football** – Three additional risk-minimization rules were approved to address helmets coming off players’ heads during games. Also, the loss of down for offensive pass interference has been removed, and the automatic first down for defensive pass interference was eliminated.
- **Soccer** – Coaches and players can now communicate during a stoppage of play for an injury. In addition, the use of electronic devices on the sideline is allowed, but using electronic communication devices to communicate with on-field players is still prohibited.

- **Volleyball** – The signal sequence for officials has been altered to improve the flow of play. The scorer can immediately record the score and prepare for other responsibilities such as substitutions and recording time-outs. Other changes dealt with officials procedures and mechanics.
- **Field Hockey** – A player who is issued a green card will be required to leave the field of play for two minutes, and the player's team will play short-handed for the duration of the penalty. Also, violations of substitution rules by either team will result in misconduct penalties on the head coach of the offending team using the card progression.
- **Spirit** – The main focus of rules changes was allowing for more creative routines, including a revision that increases the height restriction for the base of support while also providing spotter and base requirements for inversions.
- **Basketball** – Head coaches are now allowed to come onto the court in an effort to break up a fight or keep a situation from escalating. Previously, the head coach could only enter the court if beckoned by an official.
- **Wrestling** – Forfeits no longer count toward a wrestler's daily match limit, which currently, by rule, is five matches in one day. Also, a wrestler must weigh-in with the artificial limb is he or she chooses to wrestle with it on. Once a wrestler has weighed in while wearing the artificial limb, it cannot be removed from competition.
- **Swimming and Diving** – In the breast-stroke events, swimmers are now permitted to execute a single butterfly kick on the start or turn at any time prior to the first breaststroke kick. This change benefits officials in observing and consistently judging the initiation of the arm stroke on the start and turns.
- **Ice Hockey** – Language regarding dangerous hits has been strengthened, and game officials will have more discretion for issuing a game disqualification when a player illegally hits another player from behind. Also, no player shall deliver a check to an unsuspecting and vulnerable player.
- **Softball** – Team members are permitted to use electronic devices to transmit or record information pertaining to their players' or team's performances. This is to be done in the team's bench or dugout area, and this information may be used for coaching purposes during the game. This information, however, may not be used to review decisions made by the umpires.
- **Baseball** – Backswing interference was added to the list of examples of how a batter can interfere with the catcher's ability to field or throw. Also, the pitcher's entire pivot foot must be in contact with or directly in front of and parallel to the pitcher's plate.
- **Track and Field/Cross Country** – Pole vault planting box padding will be a requirement beginning with the 2014-15 season. The padding must meet ASTM specification standards and can be incorporated into the design of the planting box or can be an addition to an existing planting box. In pole vault competition with three or more entrants, a competitor is now limited to one minute to initiate a trial after being called for the attempt.
- **Boys Lacrosse** – For stoppages of play due to an out-of-bounds ball, a horn will no longer be sounded to allow time for substitution. Instead, players may substitute "on the fly" as they can during normal play. Substitution may take place while play is suspended as follows: end of a period, scoring of a goal, injury time-out, equipment adjustment, after a time-serving penalty and during a team time-out.

1,300,000

Copies of 30 rules publications are produced annually in 16 different sports for boys and girls.

2013 NFHS CITATION WINNERS



Lloyd Mott



Mike Hayden



Rick Strunk



Bud Legg



Bob Lowery



Gary Tripp



Craig Hammer



Lavonne Norman



Roger Barr



Ellis Lane



Dana Hamant



Jana Riggins

AWARDS PROGRAM

The NFHS has a comprehensive awards program that honors high school athletic directors, coaches and officials; speech, debate, music and theatre teachers and directors; and state high school association staff members. In addition, the National High School Spirit of Sport Award is presented annually.

NFHS Citations are presented annually to eight athletic directors, eight state association staff members, as well as one coach, one official and two in the performing arts – one for music and one for speech/debate/theatre.

Other awards include the Award of Merit; American Tradition Award; State Awards for Outstanding Service; NFHS Speech, Debate and Theatre Association Outstanding Educator Awards; NFHS Music Association Outstanding Educator Awards; NFHS Coaches Association Awards; NFHS Officials Association Awards; NFHS Board of Directors Membership Awards; and NFHS Retiring President's Award.

The National High School Spirit of Sport Award was created seven years ago to recognize those individuals who exemplify the ideals of the spirit of sport that represents the core mission of education-based athletics. One national winner and eight section winners are selected annually.

Beginning in the 2013-14 school year, the first National High School Heart of the Arts Awards will be presented. These awards will recognize individuals or groups who exemplify the "heart" of positive participation with activities that represent the core mission of education-based performing arts programs.

Preserving Athletic Records



Grant Sherman



Kraig Pruett



Bolles School Boys Swim Team

NATIONAL HIGH SCHOOL SPORTS RECORD BOOK

The National High School Sports Record Book continued to expand its online listings of the best high school performances of all time. In addition, the steps for soliciting and verifying outstanding performances is continually being refined to streamline the process, with the ability to accomplish a new listing completely electronically.

Several records were set during the 2012-13 school year, including a new leader in one of the longest-standing record categories.

Derrick Henry (Yulee, Florida) surpassed Ken Hall's career rushing total with 12,144 yards. It was a record that had stood since 1953. Henry also finished atop the list for most career rushing attempts with 1,399.

Kenton (Ohio) High School has a history of outstanding quarterback play and **Grant Sherman** continued that tradition. As only a junior, Sherman set a national record with 47 completions in a game. In the same game, Sherman threw for 682 yards and nine touchdowns, which both rank in the Record Book.



Joseph Schooling

Another offensive feat was accomplished by **Kraig Pruett** (Waldport, Oregon), who set a single-game record with 456 yards receiving, while in Tennessee, Davis Howell (Knoxville Christian Academy) finished his career with 358 receptions to set a record.

In boys swimming, The **Bolles School** in Jacksonville, Florida, entered several performances into the Record Book. In all, three relay teams and two individuals set



Ryan Murphy

records. The 200-yard freestyle relay team, the 200-yard medley relay team and the 400-yard freestyle relay team all lowered the national record in their respective event. Individually, **Ryan Murphy** recorded a record time of :45.34 in the 100-yard backstroke, while **Joseph Schooling** swam a :46.50 in the 100-yard butterfly.

Olivia Smoliga of Glenview (Illinois) Glenbrook South High School set two records in girls swimming. Her time of :21.99 in the 50-yard freestyle made her the first high schooler to break 22 seconds in the event. Smoliga also set the national record in the 100-yard backstroke with a time of :51.43.

In girls basketball, **Rebecca Greenwell** (Owensboro Catholic, Kentucky) made 17 three-point field goals in a January game to set the national record in that category.

The spring season saw two softball records set. **Carley Hoover** (Central Daniel, South Carolina) walked her way into the record book by finishing her career with 157 walks. Pitching and defense were on full display in Maryland as **Owings (Maryland) Northern High School** finished the 2013 season allowing only one run, setting a record.



Rebecca Greenwell



NATIONAL HIGH SCHOOL HALL OF FAME

The National High School Hall of Fame was started in 1982 by the NFHS to honor high school athletes, coaches, officials, administrators and others for their outstanding contributions to and achievements in high school sports. After 20 years as a sports-only hall of fame, individuals in the fine arts area became eligible in 2003. Through the first 31 classes, there are now 411 members of this prestigious hall of fame.

Four outstanding former high school athletes were inducted at the 2013 ceremony in Denver, including **Joe Theismann (1)**, who was a three-sport star at South River (New Jersey) High School before his highly acclaimed careers as a quarterback at the University of Notre Dame and with the Washington Redskins, where he won a Super Bowl and MVP honors; **Chauncey Billups (2)**, a four-time all-state selection and three-time Mr. Basketball at Denver (Colorado) George Washington High School who is now in his 17th season in the NBA; **Harrison Dillard (3)**, who was a state champion in the low and high hurdles at Cleveland East Technical High School before winning gold medals at the 1948 and 1952 Olympics; and **Kristin Folkl Kaburakis (4)**, one of the greatest female athletes in Missouri history who led her St. Louis St. Joseph Academy volleyball and basketball teams to eight state championships and then helped Stanford to three NCAA Volleyball Championships.

Five coaches joined the Hall of Fame in 2013, including **Ed Aston (5)**, girls swimming coach at Cheshire (Connecticut) High School for 37 years who won 25 state championships and 281 consecutive dual meets from 1986 to 2011; **Chuck Koeppen (6)**, who won 11 girls and 11 boys state cross country championships and one state boys track title during his career at Carmel (Indiana) High School; **Chuck Lenahan (7)**, the winningest football coach in New Hampshire history who has won 345 games and 19 state championships in 43 years at Plymouth High School; **Mike Messere (8)**, boys lacrosse coach at Camillus (New York) West Genesee High School for 37 years who has won more games (757) than any other high school or college lacrosse coach in history; and **James Tate (9)**, who has won an unbelievable 89 state championships in girls and boys cross country, indoor track and outdoor track at Mobile (Alabama) St. Paul's Episcopal High School.

Two longtime contest officials were inducted in 2013 – **Jerry Kimmel (10)**, who recently retired after 56 years as an active basketball official and assigner for the Kentucky High School Athletic Association, and **Haig Nighohossian (11)**, who has been selected to officiate the Illinois High School Association Boys Soccer State Finals 17 times and the Girls Soccer State Finals seven times.

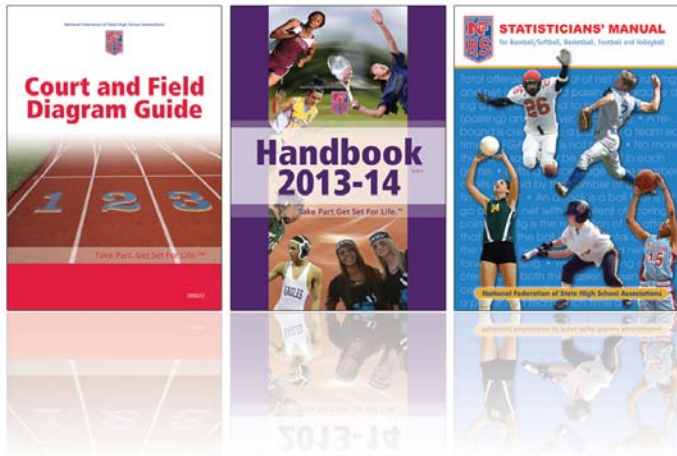
The remainder of the 2013 class included **Ronnie Carter (12)**, who retired in 2009 after 23 years as executive director of the Tennessee Secondary School Athletic Association, and **Richard Floyd (13)**, who retired in 2013 after 50 years in music education, including 29 years as director of music for the Texas University Interscholastic League.

PUBLICATIONS

As it has done for many years, the NFHS continued to be this country's most prolific supplier of sports rules publications. Almost 30 rules publications are produced annually in 16 different sports for boys and girls, and more than 1.3 million copies of these publications are printed annually.

High School Today remains the flagship publication of the NFHS as more than 75,000 copies are distributed eight times a year to the key leaders in our nation's high schools.

Although some publications have been moved online to more effectively meet the needs of the membership and general public, the NFHS continues to offer several important publications including the **Court and Field Diagram Guide**, **NFHS Handbook**, **Statisticians' Manual** and **Scorebooks** in 11 sports.



75,000

Copies of High School Today are distributed eight times a year.

SANCTIONING

Sanctioning of athletic contests by the NFHS provides that approved programs adhere to sound and detailed criteria that meet the specific requirements of a school or a group of schools based upon experience and tradition. The NFHS sanctioning program has as its primary purpose to protect the welfare of high school students. Also, it seeks to protect the existing programs sponsored by member schools.

Any interstate competition involving two or more schools that is co-sponsored by an organization outside the high school community, in addition to being sponsored by a member school, an approved school or a state association, shall require sanction of the NFHS office.

NATIONAL DEBATE TOPIC

Every year, the NFHS coordinates the selection of the National High School Policy Debate Topic. In December, the five topic areas were narrowed to two as part of a two-part balloting process by member state associations. Use of the second ballot ensures that a majority of coaches across the nation favor the chosen topic area and resolution. The debate topic for the 2012-13 year was Transportation Infrastructure.

NATIONAL MEETINGS

Annual summer and winter meetings of the NFHS membership are held for state association executive officers and staff, board members and others. These meetings are rotated to different parts of the country each year. The 2013 NFHS Summer Meeting was held in Denver, Colorado, and the 2013 Winter Meeting was held in Orlando, Florida. The NFHS also sponsors an annual Legal Meeting and a Professional Development Summit on emerging issues, which was started in 1998 and is held in conjunction with the spring meeting of the NFHS Board of Directors in Indianapolis.

The largest meeting conducted by the NFHS each year is the National Athletic Directors Conference, which is conducted in partnership with the National Interscholastic Athletic Administrators Association (NIAAA) and annually attracts about 2,000 athletic directors, spouses and exhibitors. The 2012 conference was held in San Antonio, Texas.

AUTHENTICATING MARK PROGRAM

When administrators, coaches and officials see the Authenticating Mark on equipment, they know that the games are being played with sophisticated equipment that meets high standards.

Through the 2012-13 school year, about 60 sports equipment manufacturers are participating in the NFHS Authenticating Mark Program. All balls and pucks used in interscholastic competition in sports played by NFHS rules must carry the NFHS Authenticating Mark. Equipment displaying the Authenticating Mark includes baseballs, softballs, footballs, basketballs, ice hockey pucks, volleyballs, soccer balls, water polo balls and field hockey balls.



SPORTS MEDICINE

In its 16th year of existence, the NFHS Sports Medicine Advisory Committee (SMAC) continued to address timely issues related to rules-writing and other programs and services of the NFHS. Some of the issues in 2012-13 were concussions, injury prevention, Injury Surveillance System (ISS), communicable skin diseases, heat acclimatization and heat illness prevention, emergency action planning and coach education.

The Annual Survey of Football Injury Research indicated no direct deaths related to high school football in 2012. There were eight indirect deaths in high school football in 2012, as four were heart-related, one heat-related and the other three were related to other medical conditions. The committee continues to address ways to reduce heat-related deaths in the sport. The purpose of the survey is to assist in minimizing risk in the game of football.

The NFHS SMAC devoted considerable time to the Sports Medicine section of the NFHS Web site in 2012-13. The committee updated all of the sports medicine resources and included new information on the National High School Sports Injury Surveillance System and the National Center for Catastrophic Sports Injury Research. The committee also revised some NFHS SMAC Position Statements, Guidelines and Recommendations.



Organizational Chart



NFHS Board of Directors

1. Harold Slemmer, Section 7 (President)
Arizona Interscholastic Association
2. Tom Mezzanotte, Section 1 (President-Elect)
Rhode Island Interscholastic League
3. Gary Ray, Section 3
West Virginia Secondary School Activities
Commission
4. Ralph Swearngin, Section 3
Georgia High School Association
5. Marty Hickman, Section 4
Illinois High School Association
6. Gary Musselman, Section 5
Kansas State High School Activities
Association
7. Lance Taylor, Section 6
Arkansas Activities Association
8. Tom Welter, Section 8
Oregon School Activities Association
9. Michael Rubin, Sections 1 & 4, At Large
East Boston High School
East Boston, Massachusetts
10. Linda Henrie, Sections 2 & 6, At Large
Mesquite ISD
Mesquite, Texas
11. Bennie Bennett, Sections 3 & 7, At Large
Newberry County School System
Newberry, South Carolina
12. Toni Hill, Sections 5 & 8, At Large
Bloomfield School District
Bloomfield, Missouri



1.



2.



3.



4.



5.



6.



7.



8.



9.



10.



11.



12.

Member State Associations

Alabama High School Athletic Association (1924)	Maryland Public Secondary Schools Athletic Association (1946)	Rhode Island Interscholastic League (1952)
Alaska School Activities Association (1956)	Massachusetts Interscholastic Athletic Association (1944)	South Carolina High School League (1947)
Arizona Interscholastic Association (1925)	Michigan High School Athletic Association (1920)	South Dakota High School Activities Association (1923)
Arkansas Activities Association (1924)	Minnesota State High School League (1923)	Tennessee Secondary School Athletic Association (1925)
California Interscholastic Federation (1940)	Mississippi High School Activities Association (1924)	Texas University Interscholastic League (1969)
Colorado High School Activities Association (1924)	Missouri State High School Activities Association (1926)	Utah High School Activities Association (1927)
Connecticut Interscholastic Athletic Conference (1926)	Montana High School Association (1934)	Vermont Principals' Association (1945)
Delaware Interscholastic Athletic Association (1945)	Nebraska School Activities Association (1924)	Virginia High School League (1948)
District of Columbia State Athletic Association (1958)	Nevada Interscholastic Activities Association (1939)	Washington Interscholastic Activities Association (1936)
Florida High School Athletic Association (1926)	New Hampshire Interscholastic Athletic Association (1945)	West Virginia Secondary School Activities Commission (1925)
Georgia High School Association (1929)	New Jersey State Interscholastic Athletic Association (1942)	Wisconsin Interscholastic Athletic Association (1920)
Hawaii High School Athletic Association (1957)	New Mexico Activities Association (1932)	Wyoming High School Activities Association (1936)
Idaho High School Activities Association (1926)	New York State Public High School Athletic Association (1926)	
Illinois High School Association (1920)	North Carolina High School Athletic Association (1949)	
Indiana High School Athletic Association (1924)	North Dakota High School Activities Association (1923)	
Iowa High School Athletic Association (1920)	Ohio High School Athletic Association (1924)	
Kansas State High School Activities Association (1923)	Oklahoma Secondary School Activities Association (1924)	
Kentucky High School Athletic Association (1941)	Oregon School Activities Association (1931)	
Louisiana High School Athletic Association (1925)	Pennsylvania Interscholastic Athletic Association (1924)	
Maine Principals' Association (1939)		

Date in parentheses indicates the year the organization joined the NFHS.

Professional Organizations



NFHS OFFICIALS ASSOCIATION

The NFHS Officials Association is open to high school contest officials and has approximately 130,000 members. Members receive exclusive online educational services, including searchable rules database, NFHS rules and mechanics video and animation, and articles in the online publication, NFHS Officiating Today. Other benefits include \$1 million liability insurance, a national awards program and opportunity for service on NFHS rules committees.



NFHS COACHES ASSOCIATION

The NFHS Coaches Association, with a membership of almost 30,000 high school coaches nationwide, offers \$1 million liability insurance, a national awards program, opportunity for service on NFHS rules committees, availability of NFHS case books and rules books online, as well as resources and other information. In addition, the NFHS Coaching Today online publication is available to all coaches.



NFHS MUSIC ASSOCIATION

The NFHS Music Association aims to identify and meet the common needs of music educators who participate in, or sponsor, high school activities, which are an educational extension of the school music curriculum. Members receive the online NFHS Music Association Journal, as well as liability insurance, while acting in the capacity of school music director or music contest/festival adjudicator.



NFHS SPEECH, DEBATE & THEATRE ASSOCIATION

The NFHS Speech, Debate & Theatre Association provides in-service training, shares information on coaching skills, assists state coordinators with development of programs and provides high school directors with opportunities for professional development. Members receive The Forensic Educator, as well as access to NFHS speech and debate publications and liability insurance, while acting in the capacity of a school speech, debate or theatre director/adjudicator.