<u>The Unofficial Guide to</u> <u>FIRST LEGO League Challenge</u>

Updated for the 2020-21 RePLAY Season



You are welcome to modify and use any part of this guide or any worksheets. Please credit *FLLTutorials for the original work*. Always check with your regional partner about what is required for judging in your region. Some regions may have variations in requirements as well as judging formats.

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WEEK 0: Before You Begin

At the end of the 13 weeks, all team members will have learnt basic programming (moving, turning, switches, loops, basic color sensor, and a basic line follower). The goal is for your rookie team to accomplish 2-3 missions reliably during this period. All students will have also contributed to the Innovation Project and have a strong understanding of the FIRST Core Values.

This document provides a sample schedule for a rookie team. Feel free to modify based on your team's background, how many times you can meet during a season, and when your first qualifier is scheduled. The recommended lessons and worksheets are resources we have created over the years for teams. You can substitute as needed if you prefer other sources.

Software: Download and install EV3 Lab (also called EV3 G), EV3 Classroom, or SPIKE Prime software from LEGO Education's website. Update both the software on your computer and the firmware on your brick/hub. EV3 Classroom is available only for MacOS as of August 2020.

FIRST LEGO League Table: Construct a <u>FIRST LEGO League Challenge table</u> according to specifications. We strongly recommend that you create an official table as this will help your students have the best experience at a competition.

Engineering Notebook (EN): Every team will receive an Engineering Notebook. We will refer to pages in this document throughout this guide. In North America, check your Dashboard for a Thinkscape link.

Robot Game Rulebook (RGR): Every team will receive a book with the rules. It will also have information about how to set up the field. We will refer to this document in this guide.

Judging: Download the Judging Session Flowchart and the Rubrics.

Useful Contacts

- Robot Game questions, Project questions, Judging questions, General Questions
- □ LEGO Education for order status or missing parts: 1-800-422-5346 or education.lego.com/en-us/support
- □ Facebook Group for getting support from other coaches FLL Challenge: Share & Learn
- EV3 Programming Lessons from Beginner through Advanced: EV3Lessons.com
- SPIKE Prime Lessons from Beginner through Advanced: PrimeLessons.org
- □ FIRST LEGO League Tutorials: FLLTutorials.com
- Challenge Documents/Updates or Team Management Resources
- Questions or suggestions for the author: team@flltutorials.com

WEEK 1: Getting Started

Robot Game:

- 1. Watch the season launch videos on the FIRST LEGO League YouTube channel.
- Build mission models using only the <u>Build Instructions</u> provided by FIRST. Divide into groups of two or three and build all the models. Have an adult double check all the models. Read the Mission Model Placement section (in the Robot Game Rulebook, pg. 5-6) to attach the models to the challenge mat. Budget about 2 hours for building mission models. Here are some <u>tips</u> for who you might build the models with COVID-19 restrictions.



- 3. Learn the missions What are their names? What is the objective of each mission? (Worksheet: Learn the Missions)
- 4. Check the FIRST LEGO League website for <u>Robot Game Updates</u>.

Innovation Project:

- 1. Read the Engineering Notebook (pg. 5) to learn what the topic is this year and what the requirements are for the season. Identify some key words or requirements for this year's Innovation Project.
- 2. Check for Innovation Project <u>Updates</u> on the FIRST LEGO League website.

Core Values:

- 1. Develop a team Identity: Pick a team name. Come up with a logo. Design a team shirt.
- 2. Decide on Team Goals. Use the Rubrics available on the FIRST LEGO League website as your guide. (<u>Core Values Worksheet</u>: Team Goals (pgs 4))
- Learn the FIRST Core Values (<u>Core Values Worksheet</u>: Learn Core Values (pgs 2-3)
- Consider setting up a <u>Kanban board</u> for the team (See Week 4 in this document for an example). A team checklist may also be helpful. (<u>Core Values Worksheet</u> Team Checklist (pg.5))

Homework:

- 1. Brainstorming: What sort of problems do you see in your community about **people not being active enough**? Bring your ideas to the next session.
- 2. Download and read all the rules in the Robot Game Rulebook.
- 3. Watch <u>Overview Video</u> (#1).

Useful References for the Coach: <u>Coaching Core Values</u>, <u>Coaching Robot Game</u>, <u>Coaching</u> <u>Innovation Project</u>, <u>FIRST LEGO League Deliverables</u>.

WEEK 2: Learning to Program

Check for <u>Updates</u>.

Robot Game:

- If you are a rookie team, we recommend <u>COR3</u> for EV3 (available on EV3Lessons.com) or <u>DroidBot M</u> (primelessons.org)
- 2. Learn to move forward and turn
- 3. If you have some programming experience, you can skip ahead to learn more advanced coding (see EV3Lessons.com or PrimeLessons.org) or start to build your team robot.

Recommended Programming Lessons on <u>EV3Lessons.com</u>: Introduction to Brick and Software, Port View, Moving Straight, Turning Recommended Programming Lessons on <u>PrimeLessons.org</u>: Units 2-3

Innovation Project:

- 1. Look at the mission models for inspiration. What problems do you think the models represent? Use the Project Sparks from the Engineering Notebook (pgs. 20-21).
- 2. Discuss the homework assignment. What problems did your team find interesting in your community? How will these make a good project topic for your team?
- 3. Watch <u>Picking a Project</u> video (#2).

Core Values: Do a teamwork activity to get to know each other. Decide how you will make decisions this season (Voting? Team leader?).

Sample activities can be found here: <u>Core Value Activities</u> Recommended Lessons: <u>Introduction to Core Values</u>, <u>Making Decisions</u>

Homework:

 Take your brainstorming ideas and develop them into Innovation Project topics. You should do enough research on your topic so that you can explain it in detail to your team members the following session. (<u>Innovation Project Worksheets</u>: Project Identification, Research, Research Notes (pgs 2-5))



WEEK 3: Developing a Team Strategy

Check for Updates.

Robot Game:

- Discuss the rules and Challenge Updates that may change the rules.
- Watch <u>Robot Game Strategy</u> (#3). Come up with a team strategy. If you are a rookie team, pick two or three missions to start with and divide them amongst



your team. Missions near launch or near lines are easier to navigate to. (Complete <u>Robot Design Worksheet</u>: Mission Evaluation and Robot Strategy)

- 3. Think about what mechanism could solve the mission(s) and who will work on them.
- Learn to use the Color Sensor this week so you can make use of any lines. (Recommended Lesson: <u>EV3Lessons.com</u>: Introduction to the Color Sensor and <u>PrimeLessons.org</u>: Unit 5)

Innovation Project: Based on the homework, decide as a team what problem to work on and split the topic equally among the team members for homework. This time everyone is working only on one topic that the team picked.

Team Tip: "Always pick a project that is meaningful to the team members and something that interests them."

Core Values: Learn what pseudocode is and the importance of giving accurate instructions. <u>Pseudocode Peanut Butter Worksheet</u>. (Recommended Lesson: <u>Pseudocode</u>)

Homework:

- 1. Different students should research different aspects of the chosen problem in order to divide the work among the group. Go into more detail this week using the same worksheets.
- 2. Collect Background information on the problem (where does this problem exist), Possible Field trips/Experts, Existing Solutions for this problem.
- 3. Different students can fill in different sections of the worksheets.
- 4. Document all your research. (Innovation Project Worksheet)

WEEK 4: What's our Problem?

Check for Updates.

Robot Game:

- 1. Learn to Line Follow. (Recommended Lessons: <u>EV3Lessons.com</u>: Loop, Switches, Basic Line Follower. <u>PrimeLessons.org</u>: Units 6 and 7)
- 2. Test your line follower out on the actual challenge mat

Team Tip: "Learning to use sensors can help your team be more reliable. It is worth the effort, even if you are a rookie team. Start with sensors such as Touch and Color."

Innovation Project:

- 1. Discuss findings from homework. Decide where to go on field trips and whom to talk to and contact people.
- 2. Start to think of possible solutions. (<u>Innovation Project</u> <u>Worksheet</u>: Solution Identification)
- At the end of this week, team members should be able to clearly articulate the problem your team is studying. It should fit the innovation project criteria. You should have some idea of what a solution might be.

Core Values: Do a Core Value Activity that might require <u>coordination among members</u>.



Team using a Kanban board to keep track of work

Solution Identifie	ation	Name:					
Instructions: 1. Once your team has picked a problem, think about how to solve it 2. What solutions exist already? How will your solution be different? 3. Can your make a prototype? Can you test the idea? 4. Always fert to be difficial fullenge test for requirements.							
What solutions exist for this problem?							
Can we solve the problem in a new or better way? Can it be made easier or cheaper? (Remember: solution must be a "piece of technology"							
How can we test the idea? What kind of "model or prototype" can we make to show the solution?							

WEEK 5: First Mission

Check for Updates.

Robot Game:

- Finish the last programming lesson: Move an Object (Programming Lesson: EV3Lessons.com: Move an Object)
- Look at the Boccia Share Guided Mission provided by FIRST – build the robot attachment provided.
- Review programming lessons such as moving, turning and using the color sensor as needed to complete the missions you selected using the strategy you decided upon.



Team Tip: "Don't be afraid to change, adapt or improve a solution you see. Sometimes, you can come up with something better."

Innovation Project:

- 1. Develop questions for any interviews/field trips you may have scheduled. Experts like it when students are prepared. (Innovation Project Worksheet: Expert Interviews)
- 2. It might be useful for you to develop a short presentation to be able to explain to your experts what you are working on and also include what FIRST LEGO League is and this year's challenge is about.

Core Values: If you have time this season, you can share your progress/work with the community. You might also be able to reach out to another team for help. (Recommended Lesson: <u>Outreach in FIRST LEGO League</u>)

Homework:

1. Watch the <u>Robot Design</u> video (#4).

WEEK 6: Let's Build a Robot

Check for Updates.

Robot Game:

- Build your team's robot. Keep it simple. Focus on sturdy and reliable. If you start with a basic robot design, think about how to modify it. What does the robot need based on the mission strategy and missions you picked? (Complete <u>Robot Design</u> <u>Worksheet</u>: Robot Design)
- Once a basic team robot is ready, test it out to make sure it is balanced and accomplishes what you want it to. Refer to the Robot Design Rubric to see what criteria is used in judging. (Complete <u>Robot Design</u> <u>Worksheet</u>: Robot Testing)
- 3. Brainstorm how you might solve the missions you picked
- Start to build attachments to solve missions. Write pseudocode for your programs. (Complete <u>Robot</u> <u>Design Worksheet</u>: Pseudocode)

R	obot Testing	Name:					
Instructions: 1. If you design more than one robot, use this chart to compare them. At the top of each column, describe your robot 2. Come up with some basic tests to compare the robot designs. Can this robot move straight accurately? Can it turn constantly? Can lite follow? Can it detect al ine? Did the nobot move straight accurately? 3. Discuss which robot performed the best to help you pick the best design for your team.							
	Robot 1: Wheels: Size: Sensors: Motors:	Robot 2: Wheels: Size: Sensors: Motors:	Robot 3: Wheels: Size: Sensors: Motors:				
Move Straight 50cm							
Overall: Speed Balance							

Alternative Robot Designs for inspiration: <u>FLLTutorials Robot Designs</u>. If you use any designs for inspiration, be sure to cite your sources and let your judges know.



Innovation Project: Go on a field trip and/or meet an expert this week.

Team Tip: "Experts can provide very valuable advice. Think outside-the-box for experts. They don't even need to be near you. You can contact them by phone, email or Google Hangouts."

Core Values: Do a Core Value Activity that teaches coming to a consensus.

WEEK 7: Developing Solutions

Check for Updates.

Robot Game:

1) If you didn't finish building a base robot last week, keep working on this.

2) Keep building attachments and keep working on programming missions.

2) Keep recording changes and testing ideas.(Complete <u>Robot Design Worksheet</u>: Attachment Evolution)

 Save your program often and backup your code at the end of every meeting (onto a USB drive or Google Drive, email a copy to your coach/yourself, etc)

Innovation Project:

- 1) Go on any field trips and/or conduct expert interviews.
- Develop your Innovative Solution for your problem. What makes it innovative? (<u>Innovation</u> <u>Project Worksheet</u>: Solution Identification)

Core Values:

1) Do any team building activity. How about building a City together?

Team Tip: "Remember to involve others in coming up with ideas. Be willing to listen to each other and help each other. Incorporate the Core Values into every practice."

Solution Identifie	cation	Name:					
Instructions: 1. Once your team has picked a problem, think about how to solve it 2. What solutions exist already? How will your solution be different? 3. Can you make a prototype? Can you test the idea? 4. Always refer to her official challenge text for requirements.							
What solutions exist for this problem?							
Can we solve the problem in a new or better way? Can it be made easier or cheaper? (Remember: solution must be a "piece of technology"							
How can we test the idea? What kind of "model or prototype" can we make to show the solution?							

WEEK 8: Testing, Testing, Testing

Check for Updates.

Robot Game:

- Keep building attachments and keep working on missions. Keep recording changes and testing ideas. (Complete <u>Robot Design Worksheet</u>: Attachment Evolution and Attachment Testing.)
- 2. Remember to backup your code
- Always comment your code so that others can understand it or if another team member needs to work on the code the following week.



Innovation Project:

- 1. Develop a prototype or find a way to test or evaluate your solution. Refer to the rubric.
- 2. Compare your solution with existing solutions. (<u>Innovation Project</u> <u>Worksheet</u>: Research)



We express the FIRST philosophies of Gracious Professionalism and Coopertition through our Core Values:

- Discovery: We explore new skills and ideas.
- Innovation: We use creativity and
- persistence to solve problems.
- Impact: We apply what we learn to improve our world.
- Inclusion: We respect each other and embrace our differences.
- Teamwork: We are stronger when we work together.

• Fun: We enjoy and celebrate what we do!

Core Values:

1. Remember that it is important to incorporate core values into your team. Talk about how you used the Core Values today.

2. If possible, share what you have done with other classes or your community. Share with another team or help another team.

WEEK 9: Reliability is Key!

Check for Updates.

Robot Game:

- Keep working on missions and making them more reliable. As you complete missions, run your robot 10 times and see how reliable your solutions are. If your solutions do not work well enough, think about how you can improve them. Take a look at the <u>eight Robot</u> <u>Reliability Lessons</u> for ideas.
- Record how you tested your ideas and changes you made. (Complete <u>Robot Design</u> <u>Worksheet</u>: Attachment Evolution and Attachment Testing.)
- Track how many points you are able to score and how reliable your missions are. Use a tool like this <u>scorer</u>. Complete <u>Robot Design</u> <u>Worksheet</u>: Reliability.

	R	eliabi	lity		Nan	ne:					
Instr 1. Ru 2. W 3. Us	Instructions: 1. Run each mission 10 times and see how reliable it was 2. Work on your solution until it becomes more reliable 3. Use FLITutorial's Scorer to score your runs										
	Test 1	Test 2	Test 3	Test 4	Test 5	Test 6	Test 7	Test 8	Test 9	Test 10	Total
Ex. M00	Yes	No	No	Yes	No	No	Yes	No	No	Yes	4/10
Points										1	10

Team Tip: "It is more important that a few missions work well, rather than trying to do all the missions."

Innovation Project: Share your solution and get feedback on your ideas.

Core Values: Do a teamwork activity that helps you learn the value of working together. Activities can be found here: <u>Core Value Activities</u>

WEEK 10: Keep Improving!

Check for Updates.

Attachment Testing		Nam	e:			
Date: Mission Name:		Attachment Tested				
	Test 1		Test 2	Test 3		
What worked						
What did not work?						
Next steps						

Robot Game:

1. Keep working on missions improving missions or adding a new one if the first few are working well.

2. Remember to record your thought processes, tests and always back up your code. Well-commented code can help you in judging.

Innovation Project: Improve your project solution based on feedback received.

Team tip: "The biggest lesson from FIRST is to keep improving. Failure is part of the process. And there are always ways to improve."

Core Values:

- 1. Do a Core Values Activity to describe your team identity.
- 2. Can each of your team members give examples of how the <u>Core Values</u> have impacted each of them? Review the Core Values if needed.

Homework: Brainstorming: How do you want to present your project to the judges? Game Show? Advertisement? You can watch some YouTube videos of specific project presentations for inspiration. There are several linked on the last page of <u>this lesson</u>.

WEEK 11: Starting to Wrap Things Up

Check for Updates.



Robot Game:

1. Keep improving missions.

2. Make sure missions you worked on before are still working reliably as you add more.

Innovation Project:

1. Finalize your Innovative Solution.

2. Decide on a presentation style and develop your presentation for your judges. (Recommended Lesson: <u>Project</u> <u>Presentation</u>)

3. Complete the <u>Innovation Project Worksheet</u>: Presentation



Core Values: Do a Core Values Activity to learn the importance of <u>giving good instructions</u>. Start a <u>Core</u> <u>Values poster</u> if one is needed in your region. Some regions will specifically ask you not to bring a poster, so check in advance.

Homework: Start thinking about your judging presentations for all three areas. What do you want to communicate to the judges and what do you want to show them?

- 1. Complete the <u>Innovation Project Worksheet</u>: Elevator Pitch.
- 2. Complete the <u>Robot Design Worksheet</u>: Judging Preparation.



WEEK 12: Finalizing

Check for Updates.

Take a close look at the <u>Judging Session Flowchart</u>. Notice that your team will have the opportunity to present and answer questions. Ask your regional partner if you will be allowed to make a practiced presentation for the Introduction and Core Values portion of the session.

Robot Game:

- 1. Finalize your robot game
- 2. Start to practice robot runs. Who will run the robot? How will you switch in and out?
- 3. What features do you want to highlight in robot design judging? Recommended Lesson: Robot Design Judging

Innovation Project:

- 1. Finalize the presentation script and any other materials (poster, props, handouts, etc).
- 2. Make sure that all students have a role and practice the presentation.



Core Values: Finalize any presentation/poster board. Do a Core Values activity that lets everyone know you appreciate their contribution. <u>Compliments</u> of <u>We are a Team</u> are great choices.

Image Credit: Girls of Steel FRC Team

Homework: Practice your presentation lines.

Useful References for Coaches: <u>Tips from Robot Design Judges</u>, <u>Tips from Project Judges</u>, <u>Tips from Core Values Judges</u>, <u>Competition Day Tips</u>, <u>Dare to Prepare</u>

Team Tip: "Remember that your time starts when you enter a judging room. It includes any setup time. So, set up quickly so that judges can hear your story."

WEEK 13: Practice, Practice, Practice

Check for Updates.

Make sure every student understands the flow of the judging session. Download the <u>Judging</u> <u>Session Flowchart</u>. Practice transitioning from one judging topic to the next.

Robot Game: Practice Robot Runs. Practice presentations. Get all your worksheets together for an Engineering Notebook. Have your coaches/parents ask you questions about your robot design and code. Don't forget to take your M01 model that you built as a team.

Innovation Project: Practice Presentations. Get all your worksheets/background research, etc together for a Research Notebook. Have your coaches/parents ask you questions about your project.

Core Values: Practice any presentations. Have your coaches/parents ask you questions about your season. (Recommended Lesson: <u>Core Values Judging</u>).

Homework: Pack for the tournament and practice your presentation lines.

Team Tip: "Judges are there to celebrate your season. You should not be intimidated by them. Share what you know and what you accomplished."

Useful Reference for Coaches: <u>Tournament Tips</u>.



You are done. Celebrate your season!