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Medical Honors Program Class of 2023



UF COM Admissions



Dr. Jay Lynch Dean of Admissions



Juliet Hill Director of Admissions



Danielle Thomas
Assistant Director, MHP
Assistant Director, Admissions



Alexis Wisdom and Michelle Baldwin Program Specialists



Latasha Smith MHP Program Assistant





Agenda

- 5:30-5:50pm: Program OverviewPeter Sayeski
- 5:50-6:15pm: Application Step-by-Step Danielle Thomas
- 6:15-6:30pm: Advice from UF Pre-Health Advisor, Claudine Tolbert
- 6:30-6:45pm: MHP Class of 2023
- 6:45-7:00pm: Q&A Everyone







- Established in 1972, the Medical Honors
 Program (formerly the JHMP) is an early-acceptance program for UF COM
- It is a seven year B.S./M.D. degree program enrolling up to 16 new students per year



University
Second Year → MHP Year → UFCOM
Student

 Students earn their BS degree at the end of the first year of Medical School





Who is Eligible?



Science GPA of 3.7+

US Citizens or Permanent Residents







Who are we looking for?

- Aspiring leaders
- Those that are intellectually curious
- Those that serve others
- Good medical experience / patient contact
- Maturity and professionalism
- A diverse population of students







The MHP is....

Leadership in the Field of Medicine...



- Academics
- Research
- Service





Curriculum

Fall Courses

- Cell Biology
- Medical Humanities& Clinical Care
- Aspects of Medicine

Spring Courses

- Pharmacology
- Translational Neuro
- Glocal Health



Other Requirements

- At least 15 credits per semester
- Complete Undergraduate Courses Associated with B.S. /minor
- Volunteering & Reflective Writing of that
- Leadership Training
- Formalized Patient Exposure





Research

- Biomedical, Clinical, Translational Research
- Patient Safety And Quality
- Health Outcomes and Policy
- Local And Global Health Equity
- Promoting Resilience in Medicine
- Medical Humanities
- Medical Education



Writing a research thesis is required





Volunteer Service

- Equal Access Clinic Network
- Haven Hospice
- Ronald McDonald House
- Footprints
- Dream Team
- ESOL
- Community Clinics
- Grace Marketplace Shelter
- AIDS/HIV Assistance
- Others...







Expectations for MHP Students

- Maintain 3.7 minimum UF COM/MHP GPA.
- Disseminate your research to others.
- Continue substantive medical volunteering.
- Represent MHP.
 - MHP Ambassador Program
 - MHP Alumni Development
- Become a young leader in the field of medicine via strong academics, being intellectually curious, and serving others.







Transition to UF COM

The College of Medicine strives to improve health care in Florida, our nation, and the world through excellence and consistently superior leadership in education, clinical care, discovery, and service.

UF COM Admissions Mission Statement

We desire to recruit and matriculate the **brightest** students who are **intellectually curious**, have a **strong** work ethic and a deep commitment to **humanism** and **service**. In so doing we will train the next generation of **caring**, **compassionate**, and **culturally competent** medical professionals, be they practitioners, researchers and/or teachers. **UF** Medicine







Transition to UF COM

Layered Curriculum:

- Patient Centered → Patient Exposure- early and often
- Science of health/disease- in clinical & public health context
- **Systems Based-** relative to real patient scenarios
- Clinical Skills- integrated throughout training















UF COM Community

Pass/Fail

Family Atmosphere





- Mentoring & Advising
- Counseling & Wellness
- Work/Life Balance
- Learning Specialist

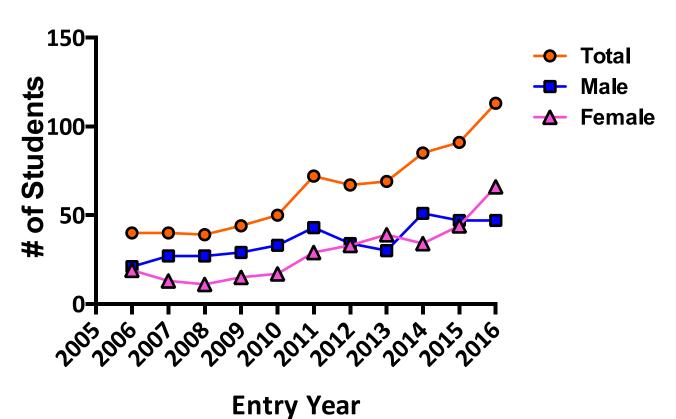






Who do we get?

MHP Admissions 2006-2016: Completed Secondary Applications



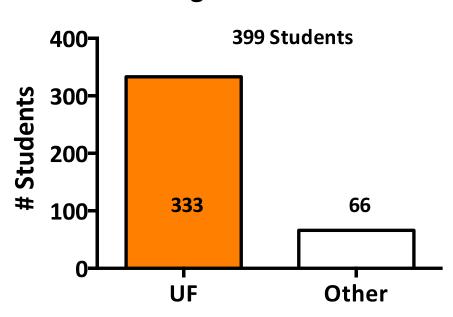






Who do we get?

MHP Entry 1985-2016: Undergraduate Institution



66/399 = 16.5% from other Institutions







2018 application numbers....



- 133 Completed Applications
- 36 Selected for Interview
- 15 students accepted





Applying to the **Medical Honors Program** 2019-2020







Application Cycle

•Mid-Dec: Application available on the MHP website

•Mid-Jan:

- Application Information Session
- •MHP-led application workshop
- •Feb 15: Application & Letters due
- •March/April: Interviews scheduled
- •After May 14: Acceptances announced after spring grades post





www.mhp.med.ufl.edu







Application

Change from previous years:

1 application: combined primary + secondary

- Opens mid-Dec, closes in mid-Feb.
- Basic eligibility:
 - Second year full-time on-campus (post-HS)
 - US Citizenship or Permanent Residency
 - 3.7 Science/Math & Overall GPA
 - Prereqs: 2 semesters each
 - General Bio w/ Lab; General Chem w/ Lab; Organic Chem w/ Lab (Organic II usually in progress)
 - 3000 level science-major course Genetics, Micro, etc







- Based on AMCAS + UF COM Secondary:
 - Biographical & Demographic Information
 - Personal Statement
 - Experiences
 - Short Reflective Essays
 - 3 Letters of Recommendations
 - Deadline: February 15, 2019
- Interviews
 - March/April
- Decisions
 - Mid-May, pending Spring grades





LOG IN	FORGOT PASSWORD	NEW APPLICANT
	Login Name	
	Password	
	Log In	



TEST MODE

NEW APPLICANT
Create Account
Login / Email Address
First Name
Last Name
Password
 Must be at least 6 characters Must contain at least one lower case letter, one upper case letter, one digit and one special character Valid special characters are -!@#\$%^&+-
Confirm Password
Create Account Back to Login







New User Verification

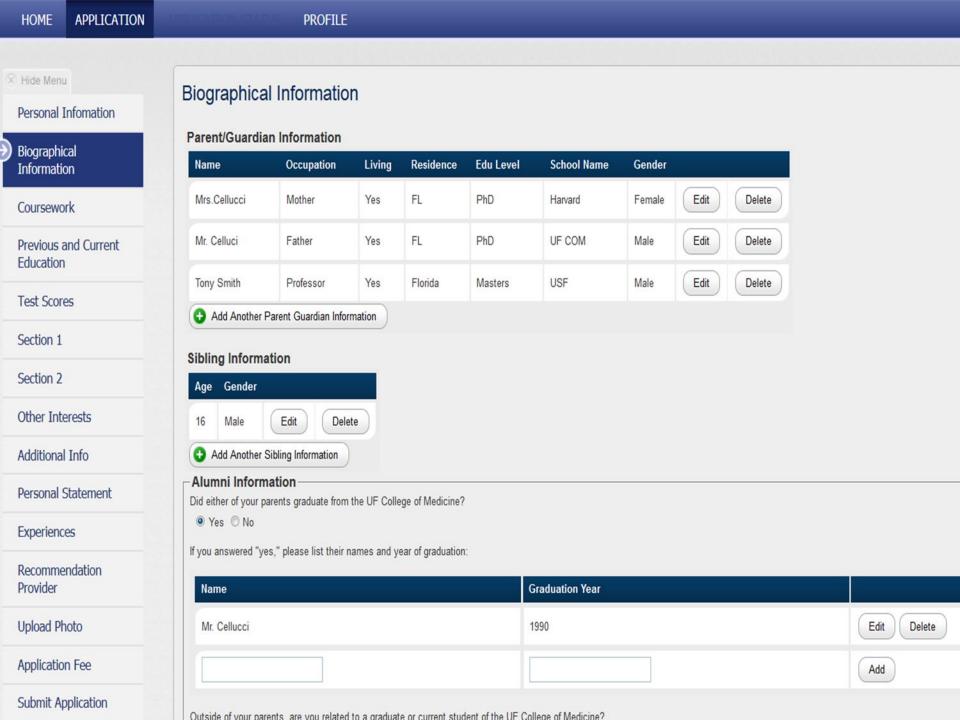
Email Address	
Verify User	





LOG IN	FORGOT PASSWORD	NEW APPLICANT
	Login Name	
	Password	
	Log In	

Program of Study Personal Information Coursework Biographical Information	Permanent Address
	Address Line 1:
Name - Please use sentence case when entering your name:	
Legal First Name: Kevin	Address Line 2:
Legal Middle Name:	Country: United States
Legal Last Name Zhou	
Other Name	County:
Name as it may appear on other required documents	City:
	City.
UFID Number (U of Florida students only):	State/Province:
	Select
Birth Date (mm/dd/yyyy):	Postal Code:
Gender:	Phone Number:
Select ▼	Please enter your country code and telephone (numeric only). If your country code is shorter than three
Local Mailing Address	characters, place one or more zeros at the beginning.
(Please avoid using P.O. boxes if possible)	
	Please <u>click here</u> for a detailed explanation of the choices below.
Address Line 1:	Are you Hispanic or Latino?
	○ Yes ○ No
Address Line 2:	What is your race? (Select one or more of the following five categories.)
	American Indian or Alaska Native Asian
Country:	Black or African American
United States ▼	Native Hawaiian or Other Pacific Islander
County:	☐ White
	Citizenship
City:	<u></u> ▼
	Visa Type
State/Province:	
Select	





APPLICATION STATUS PROFILE

Coursework

Please check "yes" for the coursework you are currently enrolled in. Enter credits as numbers with no more than 2 decimal points on a 1-4 scale; such as 3 or 3.50. Enter grades either as a decimal from a 1-4 scale, or as a capital letter: A+/-, B+/-, C+/-, D+/-, E, F, W or N/A (for future coursework).

Please refer to the AMCAS Application Course Classification Guide for guidance regarding the coursework you list below.

Institution	Course Name	Course Number	Subject	In Progress	Credits	Grade	Year	Semester	
			Select ▼	© © No				Select ▼	Insert
UF	Chemistry	2045	CHEM	No	3	A	2016	Fall	Edit
University of Pittsburgh	Kinesthiology	K101	OTH	No	3	A	2017	Fall	Edit
University of Pittsburgh	Biology I	B101	BIO	No	3	В	2017	Spring	Edit

Save and Continue





Experiences

Include high school + undergrad

- Research
- Internships
- Community service
- Clinical volunteering
- Club involvement
- Employment
- Hobbies/Interests

What was your role? What did you learn?

- <u>Leadership</u>
- Brief paragraph
- S.T.A.R. (Situation/Task, Action, Reflection/Result)





Personal Statement

- Should tell us something about you as a person
- Personal story about what led you to the calling of medicine and to the MHP
- Not just a summary of your experiences we get that from your experiences;)

Supplemental Essays

- •250-500 words
- •Self-insight → Extrovert vs. Introvert
- •Consider two stories of patient experiences, qualities of physicians
- •Additional Information (optional)
 - Your call: further explanation on any topic, bio, coursework, activities, etc.





Letters of Recommendation

- Identify at least 3 (2 science professors, 1 character reference)
- High school science teacher or research mentor can sub for 1 science professor
- Up to 2 additional letters okay; max 5
- Letters must be submitted online by the recommender to your application
- You must communicate to recommenders: Letterhead, date and signature required





Letters of Recommendation

- Add recommenders within application
- An email will be sent with instructions
- Recommend waiving right to see letters

		0	0
Add Recommendation Provider			
First Name:			
Last Name:			
Title:			
THIC.			
University or Company:			
Phone:			
Farail.			
Email:			
Confirm Email:			
Relationship to you			
Do you wish to waive your right to ex Yes No	xamine this letter of recommendation?		
	nendation letter, then you have access to this recommenda		university. Students may also waive that right if they choose. If you admitted and enroll in the program of admission. Letters of
Add Cancel			^тс





Prior to Submitting...

- Check your eligibility!
- Combined application means:
 - More time to complete, but
 - Applicants are responsible for understanding requirements
 - Eligibility verified prior to interview invitation (not prior to application)
 - \$30 no refunds
 - FAFSA "on-time" deadline: 12/15/18 (all applicants must add UF for aid consideration)







- Interview invitations will be sent in earlymid March/early April
- Interviews held in late March and April
- 3 sessions per applicant
 - 2 one-hour interviews with members of the Medical Student Interview Committee
 - 30 minutes, small group, with a
 Collaborative Learning Activity
- Lunch with current Medical Honors students





Interviews

- Be yourself. Are you the person represented in your application?
- Interview are open file. Anything in your application is open for discussion.
- Can you think on your feet?
- How well do you know the profession?
- Maturity, professionalism.
- Mock interviews!







Get help!

- Consult with your Pre-Health Advisors
- Have others read your essays
- Have the current MHP students look over your applications → MHP Ambassadors
- Arrange a mock interview
 http://www.advising.ufl.edu/pre-health/







Advice from Your UF Pre-Health Advisors! MHP Year

Individualized academic plans

- Complete UF COM pre-reqs
- Complete major, college and university requirements – foreign language proficiency if in CLAS
- MHP seminars count as major required courses for LS-IBM
- 15 credits of academically rigorous courses







Majors

Complete by end of MHP year

- Current
- Biology
- IDS-Basic Biological and Medical Sciences (IBM)
- Possible double major with IBM and current (non-science) major







Good Luck from the Medical Honors Program Class of 2023!









Questions?

http://mhp.med.ufl.edu/

Med-admissions@ufl.edu

juniorhonors@gmail.com

