

# Bard

## Student Lunch Waiver Form

(30 Minute Break)

Date: \_\_\_\_\_

According to Section 162 of the New York State Labor Law employers are normally required to provide a meal break of 30 minutes for those working over a 6 hours shift. However, in some instances where only one person is on duty or is the only one in a specific occupation, it is customary for the employee to eat on the job without being relieved. The Department of Labor will accept these special situations as compliance with Section 162 where the employee voluntarily consents to the arrangements. However, an uninterrupted meal period must be afforded to every employee who requests this from an employer.

Your position of \_\_\_\_\_ at Bard College has been defined as a 'One Employee Shift', therefore, we are offering you the opportunity to request a meal break of 30 minutes during your regular shift, or decline, & be paid for this break & eat on the job without being relieved.

Please indicate below your preference, and we will adjust your pay accordingly. Please note that you may change your preference at any time, in writing to your supervisor.

I prefer to take my 30-minute meal break in each shift:

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
ID Number

I prefer not to be relieved for my 30-minute break & instead be paid for the time I eat my meal on the job:

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
ID Number

cc. Human Resources Payroll